

# Sommario Rassegna Stampa

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EMATOLOGIA

# Virus, non solo polmonite

## Anche problemi vascolari

I pazienti Covid-19 sono colpiti da polmonite e possono avere complicanze con trombosi venosa ed embolia polmonare

» **Ho letto che il coronavirus provoca problemi alla circolazione che spesso risultano molto gravi. È vero? Che rischi di sono che si crei una trombosi?**

Tutti i virus, e questo non fa eccezione, scatenano nell'intero organismo una reazione infiammatoria più o meno violenta nell'organo colpito. I medici constatano ogni giorno che i pazienti ricoverati per Covid-19 sono colpiti da polmonite con insufficienza respiratoria causata dal virus, accompagnata spesso da complicanze cardiovascolari e in particolare da trombosi venosa ed embolia polmonare. Ogni qualvolta si sviluppa un'infezione o un processo infiammatorio il san-

gue aumenta la propria tendenza a coagulare; ma molto spesso forma trombi nelle arterie e nelle vene, in qualunque parte del corpo, causando complicanze molto gravi che contribuiscono alla morte del paziente. Il paziente aggredito dal virus ha la febbre, è allettato, è povero di ossigeno perché i polmoni non lavorano, infiammati dalla polmonite, la parte destra del cuore si sforza di spingere il sangue nel polmone a ossigenarsi, ma trova resistenza in un sistema idraulico polmonare ridotto, occupato da emboli, sforzandosi si dilata, perde efficienza, si scompensa, va in aritmia e il paziente perde la vita. L'embolia polmonare è una forma particolare di tromboembolia venosa nella quale un



»»»» **LIDIA ROTA VENDER**  
Presidente  
Associazione  
per la lotta  
alla trombosi  
e alle malattie  
cardiovascolari

embolo risultato dalla frammentazione di un trombo formatosi altrove viaggia nel sangue e viene spinto dal cuore nel sistema circolatorio polmonare bloccando parte del sistema, e può provocare morte improvvisa. Coloro che sopravvivono possono nel tempo sviluppare l'ipertensione polmonare cronica e scompenso cardiaco destro. Fino a pochi anni fa i medici facevano distinzione fra trombosi venosa ed embolia polmonare considerandole due eventi correlati ma separati; oggi le definiamo nel loro insieme tromboembolia, perché sappiamo che nella stragrande maggioranza dei casi una trombosi venosa si accompagna a embolia polmonare, che può non dare segni di sé, ma, se non considerata, può togliere la vita per insufficienza polmonare e aritmia, o se trascurata, a lungo andare provoca ipertensione polmonare, grave difficoltà respiratoria e scompenso cardiaco. Le linee guida prodotte e aggiornate periodicamente dalle Società scientifiche ci insegnano a prevenire, sospettare, diagnosticare e curare la trombosi e l'embolia polmonare, ma sottolineano che ogni paziente, pur classificato in un gruppo, deve essere considerato per le proprie specificità, dovute alla genetica, alla storia personale, alla familiarità, ai fattori di rischio diversi e diversamente importanti presenti in ognuno di noi. Le linee guida ci forniscono il metodo e le indicazioni per la prevenzione e per la cura, ma è compito del medico adattare le indicazioni delle linee guida.

Salute

**Virus, non solo polmonite**  
**Anche problemi vascolari**

**EMATOLOGIA**  
I pazienti Covid-19 sono colpiti da polmonite e possono avere complicanze con trombosi venosa ed embolia polmonare

**ARTICOLI**  
Arbitrari e mutabili, quanto è possibile

**ATTUALITÀ**  
Anti-Covid-19: ecco che cosa fare

**TECNOLOGIA**  
Tornare al sicuro, cure comunque garantite

**CASA DI CURA SANT'ANTONIO**  
UNITÀ OPERATIVE DI CARDIOLOGIA  
UNITÀ OPERATIVE DI MEDICINA

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XQD WURPERHPEROLD SROPRQDUH H SHU GDUH XQ DLXWR FRQFUHWR FRQ OD  
\$/7 FRQWUR &RYLG m/ÔHPEROLD SROPRQDUH § OD FRPSOLFQJD SL, JUDYH  
WURPERVL FKH VL IRUPD LQ XQD YHQD GHOOH JPEH GHOOH EUDFFLD GHO  
TXDOXQTXH SDUWH GHO FRUSR Ô VSLHJD /LGLD 5RWD 9HQGHU SUHVLGHQWH  
7URPERVL YHQRVD HG HPEROLD SROPRQDUH VRQR VWUHWWDPHQWH FROOHJE  
WURPER VL IRUPD LQ XQD YHQD ULODVFLD IUDPPHQWL FKH GLYHQWDQR HPE  
DO SROPRQH H FDXVDQR HPEROLD SROPRQDUH ,PSDULDPR D FKLDPDUOD FRI  
WURPERHPEROLD SROPRQDUH &RQRFVHUH OD WURPERVL VDSHUH TXDOL VR  
ULVFKLR LPSDUDUH D ULFRQRVVFHUQH L VLQWRPL SUHPRULVHQID VRVW  
PRGLILFDUH L IDWWRUL GL ULVFKLR PRGLILFDELOL VLQDLFDVSHQGHUVD F  
VDOXWHZ

/HJDPH WUD YLUXV H WURPERVL  
7XWWL L YLUXV H &RYLG QRQ ID HFFHJLRQH VFDWHQDQR QHOOÔLQWHUR  
UHDJLRQH LQILDPPDWRULD SL, R PHQR YLROHQWD QHOOÔRUJDQR FROSLWR 2  
VYLOXSSD XQÔLQIHJLRQH R XQ SURFHVV LQILDPPDWRULR LO VDQJXH SDUWH  
SHU OD JXDULJLRQH DXPHQWDQGR OD SURSULD WHQGHQJD D FRDJXODUH PI  
IRUPD WURPEL QHOOH DUWHULH H QHOOH YHQH LQ TXDOXQTXH SDUWH GHO  
FRPSOLFQJH PROWR JUDYL FKH FRQWULEXLVFRQR DOOD PRUWH GHO SDJLHQ  
DJJUHGLWR GDO YLUXV KD OD IHEEUH § DOOHWWDWR § SRYHUR GL RVVLJHC  
LQILDPPDWL GDOOD SROPRQLWH QRQ ODYRUDQR ,QWQWR OD SDUWH GHVW  
GL VSLQJHUH LO VDQJXH QHO SROPRQH DG RVVLJHQDULVUUPDWURV UHVLV  
LGUDXOLF R SROPRQDUH ULGRWWR RFFXSDWR GD HPEROI H VIRUJQGRVI VI  
HIILFLHQJD VL VFRPSHQVD YD LQ DULWPLD &RV « LO SDJLHQWH SX± SHUGH

&DXVH GHOOD WURPERHPEROLD YHQRVD  
/ÔHPEROLD SROPRQDUH § XQD IRUPD SDUWLFRODUH GL WURPERHPEROLD YHC  
XQ HPEROR ULVXOWDWR GDOOD IUDPPHQWDJLRQH GL XQ WURPER IRUPDWRVL  
VDQJXH H YLHQH VSLQWR GDO FXRUH QHO VLVWHPD FLUFRODWRULR SROPRQ  
GHO VLVWHPD H SX± SURYRFDUH PRUWH LPSURYLLVD &RORUR FKH VRSUDY  
QHO WHPSR VYLOXSSDUH LSHUWHQVLRQH SROPRQDUH FURQLFD H VFRPSHQVI  
JLQR D SRFKL DQQL ID L PHGLFL IDFYDQR GLVWLQJLRQH IUD WURPERVL YHQ  
SROPRQDUH FRQVLGHUDDGROH GXH HYHQWL FRUUDODWRVSDUJWL DRJJ  
GHILQLVFRQR QHO ORUR LQVLPH WURPERHPEROLD SHUFKUPKA QHOOD JUDC  
GHL FDVL XQD WURPERVL YHQRVD VL DFFRPSDQD D HPEROLD SROPRQDUH F  
GDUH VHJQL GL V 6H QRQ FRQVLGHUDDW SHU± SX± WRJOLHUH OD YLWD SI  
SROPRQDUH H DULWPLD R VH WUDVFXUDWD D OXQJR DQGDUH SURYRFD LSHI  
SROPRQDUH JUDYH GLIILFROWÏ UHVSLUDWRULD H VFRPSHQVR FDUGLDFR /H  
SUHGLVSRQJRQR DOOD WURPERHPEROLD YHQRVD VRQR &HQHWHFKH SHODHQH  
WURPERILOLD RSSXUH WUDQVLWRULH DG HVHPSLR LQWHUYHQWL FKLUXUJLFL  
DOOHWWDPHQWR H IHEEUH JUDYLGQJD SDUWRWV OL SL 3LDFH D POGSHUSH  
\$QFKH OD SROPRQLWH H OD EURQFRSQHXPRSDWLD FURQLFD RVWUXWWLYD %  
GL DQHPLD VX EDVH HUHGLWDULD FRPH OÔDQHPLD IDOFLIRUPH FRPSRUWDQR  
SDUWLFRODUPHQWH DXPHQWDWR GL HPEROLD SROPRQDUH

GHFHVVL VX  
/D WURPERHPEROLD YHQRVD § IUD JOL HYHQWL FDUGLRYDVFRODUL OD SULPC  
PRQGR ( DQFRUD RJJL VX FROSLWH GD WURPERHPEROLD SROPRQDUH S  
YLWD PHQWUH OÔLQFLGHQJD GL HPEROLD SROPRQDUH § LQ IRUWH DXPHQWR  
SHUVRQH VX PLOOH RJQL DQQR m1HO QRVWR 3DHVH Ô VSLHJD /LGLD 5R  
PDODWWLH GD WURPERVL QHO ORUR LQVLPH FODVVLILFDWH FRPH FDUGLR  
FROSLVFRQR LO GRSSLR GHL WXPRUL VRQR OD SULPD FDXVD GL PRUWH H GI  
QHOOD SRSRODJLRQH GL HWÏ VXSHULRUH DL DQQL PD SRVVRQR HVVHUH H  
XQ FDVR VX WUH 6X SHUVRQH FKH SHUGRQR OD YLWD RJJL VRQR VWDW  
PDODWWLH GD WURPERVL PD WURSSR SRFKL DQFRUD OD FRQRVFRQR R OD V

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DJJLRUQDWH SHULRGLFDPHQWH GHOOH VRFLHWÿ VFLHQWLILFKH Ò FRQFOXGH  
LQVHJQDQR D SUHYHQLUH VRVSHWWDUH GLDJQRVWLFDUH H FXUDUH OD WUF  
SROPRQDUH PD VRWWROLQHDQR FKH RJQL SDJLHQWH SXU FODVVLILFDWR LC  
GHYÖHVHUUH FRQVLGHUDWR SHU OH SURSULH VSHFLILFLWÿ GRYXWH DOOD J  
SHUVRQDOH DOOD IDPLOLDULWÿ DL IDWWRUL GL ULVFKLR GLYHUVL H GLYHU  
SUHVHQLWL LQ RJXQR GL QRL /H OLQHH JXLGD FL IRUQLVFRQR LO PHWRGR F  
OD SUHYHQJLRQH H SHU OD FXUD PD § FRPSLWR GHO PHGLFR DGDWWDUH OH  
OLQHH JXLGD DG RJQL VLQJROR SDJLHQWH WHQHQR FRQWR GHOOH VLQJROH  
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## CORRIERE DELLA SERA

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&RSULJKW j 5&6 0HGLDJURXS 63BLDODXSWEQLGLLWLW&6 VRQRDUURXS'6DSV6 \_LUHJLRQH 3XEOLFVW &RPSDUDRII&RWS&D&R/RIIHUWH  
5&6 0HGLD'URXS 6 S \$ 'LUHJLRQH 0HGLD 6HG OHJDOH YLD \$QJHOR 5LJ]ROL OLODQR \_ &DSLWDOH VRFLDOH (XUR  
&RGLFH )LVFDOH 3DUWLWD , 9 \$ H ,VFULJLRQH DO 5HJLVWUR GHOOH ,PSUHVH GL 0LODQR Q \_ 5 (\$ GL 0LODQR \_ ,661



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YLUXV &RYLG LQFOXVR H WURP

/ÈHYHQWR GL TXHVWÈDQQR " GHGLFDWR DOOD SROPRQDUH XQD SDV  
FKH FROSLVFH DQFKH JLRYDQL H GRQQH LQ JUDYLGDQD W&DPSD  
SHU ULFRQRVVFHUH L VLQWRPL

GL9HUD 0DUWLQHOOD

[GHO &RURJLQWHLI](#)  
GDWL DSSURIRQ  
LQWHUYLVWH  
5LFHYL YLD HPDLO LO TXDGI

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, PHGLFL FRQVWDWDQR RJQL JLRUQR FKH QHL SDJLHQWL ULFRYHUDWL SHU &F  
SROPRQLWH OÖLQVXIILFLHQJD UHVSLUDWRULD FDXVDWD GDO YLUXV § VSHV'  
FRPSOLFQJH FDUGLRYDVFRDUL H LQ SDUWLFRODUH GD WURPERVL YHQRVD  
SROPRQDUH [3BU TXHVWÈDQQR](#) [1DJLRQDOH SHU OD /RWW DOOD 7URPERVL LQ](#)  
[SURJUDPPD PHUFERYHQH TXHVWÈDQQR](#) GHGLFDWD DOOD WURPERHPEROLD  
SROPRQDUH XQD SDWRORJLD VXEGROD H SHULFRORVD LQ PROWL FDVL PRU  
DQFKH L JLRYDQL VSHVVR LQFROSHYROL H OH GRQQH QHOOD IDVH SL, GHOL  
JUDYLGDQJD H LO SHULRGR GHO SDUWR PD FKH SX± HVVHUH HYLWDWD H VR  
LQ PROWL FDVL FXUDWD

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,PSDUDUH D ULFRQRVVFHUH L VLQWRPL SUHPRQLWRUL [GHOOD WURPERV](#) VHQJ  
VLJQLILFD GLPLQXLUH QHOOD YLWD GL WXWWL L JLRUQL OD SUREDELOLWÿ

&RURQDYLUXV LO SXQ  
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3HU TXHVW7PRSWLYRFDLJLRQH SHU OD /RWD DOOD 7URPERVL H DOOH PDOD  
FDUGLRYDVFRDQDQD QDQXQD FDPDQDQD LQIRUPDWLYD VRFLDO FRQ YLGH  
SRVW LQIRUPDWLYL VX )DFHERRN ,QVWDJUDP H <RX7XEH SHU VSLHJDUH FR  
XQD WURPERHPEROLD SROPRQDUH H SHU GDUH XQ DLXWR FRQFUHWR FRQ OD  
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WURPERVL FKH VL IRUPD LQ XQD YHQD GHOOH JPEH GHOOH EUDFFLD GHO  
TXDOXQTXH SDUWH GHO FRUSR Ô VSLHJD /LGLD 5RWD 9HQGHU SUHVLGHQWH  
7URPERVL YHQRVD HG HPEROLD SROPRQDUH VRQR VWUHWWDPHQWH FROOHJE  
WURPER VL IRUPD LQ XQD YHQD ULODVFLD IUDPPHQWL FKH GLYHQWDQR HPE  
DO SROPRQH H FDXVDQR HPEROLD SROPRQDUH ,PSDULDPR D FKLDPDUOD FRI  
WURPERHPEROLD SROPRQDUH &RQRFVHUH OD WURPERVL VDSHUH TXDOL VR  
ULVFKLR LPSDUDUH D ULFRQRVVFHUQH L VLQWRPL SUHPRULVHQD VRVW  
PRGLLFDUH L IDWWRUL GL ULVFKLR PRGLLFDDELQ VLQDQDQD SUHQGHUVD F  
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VYLOXSSD XQÔLQIHJLRQH R XQ SURFHVV LQILDPPDWRULR LO VDQJXH SDUWH  
SHU OD JXDULJLRQH DXPHQWDQGR OD SURSULD WHQGHQJD D FRDJXODUH PI  
IRUPD WURPEL QHOOH DUWHULH H QHOOH YHQH LQ TXDOXQTXH SDUWH GHO  
FRPSOLFQJH PROWR JUDYL FKH FRQWULEXLVFRQR DOOD PRUWH GHO SDJLHQ  
DJJUHGLWR GDO YLUXV KD OD IHEEUH § DOOHWWDWR § SRYHUR GL RVVLJHC  
LQILDPPDWL GDOOD SROPRQLWH QRQ ODYRUDQR ,QWQWR OD SDUWH GHVW  
GL VSLQJHUH LO VDQJXH QHO SROPRQH DG RVVLJHQDULVFRQRVW UHVLV  
LGUDXOLF R SROPRQDUH ULGRWWR RFFXSDWR GD HPEROI H VIRUJQGRVI VI  
HIILFLHQJD VL VFRPSHQVD YD LQ DULWPLD &RV « LO SDJLHQWH SX± SHUGH

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XQ HPEROR ULVXOWDWR GDOOD IUDPPHQWDJLRQH GL XQ WURPER IRUPDWRVL  
VDQJXH H YLHQH VSLQWR GDO FXRUH QHO VLVWHPD FLUFRODWRULR SROPRQ  
GHO VLVWHPD H SX± SURYRFDUH PRUWH LPSURYLLVD &RORUR FKH VRSUDY  
QHO WHPSR VYLOXSSDUH LSHUWHQVLRQH SROPRQDUH FURQLFD H VFRPSHQVI  
)LQR D SRFKL DQQL ID L PHGLFL IDFHYDQR GLVWLQJLRQH IUD WURPERVL YHQ  
SROPRQDUH FRQVLGHUHQGRH GXH HYHQWL FRUHQDWRVSDUJLDRJJL  
GHILQLVFRQR QHO ORUR LQVLPH WURPERHPEROLD SHUFRQFKH QHOOD JUDC  
GHL FDVL XQD WURPERVL YHQRVD VL DFFRPSDQD D HPEROLD SROPRQDUH F  
GDUH VHJQL GL V 6H QRQ FRQVLGHUQD SHU± SX± WRJOLHUH OD YLWD SI  
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GL DQHPLD VX EDVH HUHGLWDULD FRPH OÔDQHPLD IDOFLIRUPH FRPSRUWDQR  
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PDODWWLH GD WURPERVL QHO ORUR LQVLPH FQDVLILFDWH FRPH FDUGLR  
FROSLVFRQR LO GRSSLR GHL WXPRUL VRQR OD SULPD FDXVD GL PRUWH H GI  
QHOOD SRSRODJLRQH GL HWÿ VXSHULRUH DL DQQL PD SRVVRQR HVVHUH H  
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SROPRQDUH PD VRWWROLQHDQR FKH RJQL SDJLHQWH SXU FODVVLILFDWR LC  
GHYÖHVHUUH FRQVLGHUDWR SHU OH SURSULH VSHFLILFLWÿ GRYXWH DOOD J  
SHUVRQDOH DOOD IDPLOLDULWÿ DL IDWWRUL GL ULVFKLR GLYHUVL H GLYHU  
SUHVHQLWL LQ RJXQR GL QRL /H OLQHH JXLGD FL IRUQLVFRQR LO PHWRGR F  
OD SUHYHQJLRQH H SHU OD FXUD PD § FRPSLWR GHO PHGLFR DGDWWDUH OH  
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## CORRIERE DELLA SERA

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5&6 0HGLD'URXS 6 S \$ 'LUHJLRQH 0HGLD 6HG OHJDOH YLD \$QJHOR 5LJ]ROL 0LODQR \_ &DSLWDOH VRFLDOH (XUR  
&RGLFH )LVFDOH 3DUWLWD , 9 \$ H ,VFULJLRQH DO 5HJLVWUR GHOOH ,PSUHVH GL 0LODQR Q \_ 5 (\$ GL 0LODQR \_ ,661

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TSPQSREVI - QIHMGM IZMHIR^MERS SKRM KMSVRS GLI QSPX  
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GSQTPMGER^I GEVHMSZEWGSPEVM I MR TEVXMGSPSPEVI HE 8V  
XVE M JEVQEGM YXMPM^^EXM TIV IZMXEVI UYIWXI GS  
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4SPQSREVI WSRs WXVIXXEQIRXI GSPPIKEXI UYERHS YR XVS  
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GLMEQEVPE GSQTPMGER^E 4SRQFSWMI PE 8VSQFSWM W  
WMXYE^MSRM E VMWGLMS MQTEVEVI E VMGSRSWGIVRI M W  
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9R^IHM^MSRI HMKMXEPI GSR Z^HGIS SSTS W^RMRBEVDTIXMZSMM  
GSQI VMGSRSWGIVI YRE 8VSQFSIQFSPME TSPQSREVI UYEP  
1E ERGLI YR EMYXS GSRGVIXS GSR PE VEGGSPXE JSR  
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WTIGMJMGM I ZMIRI WSXXSZEPYXEXE 9R QIWEKKMS GLI W  
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7GPIVSWM 1YPXMTPE MRWMI  
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SROPRQDUH DUULYDQR GD XQ UHFHQWH V LR FRXMRSW  
ULFHUFDWRUL GHOOI8QLYHUVLW GL &DJOLDUL JXLGDWL G  
ODURQJLX GLUHWWRUH GHOD VFXROD GL VSHFLDOLIDLE  
LQWHUQD H GHOO 8QLW FRPSOHVVD GHOO SRX GL &DJOLD  
6HFRQGR ODX QRF GHEDSRV VLELOL HIIHWL GHO &RYEG  
VXOOIRUJDQLVPR a XQD WURPHERFRSROPRQDUH  
TXHVWD FRQVHJXHQJD VL SRWUHEEHUR XWLLOLJDUH HSDUL  
DQWLFRDJXODQWL D EDVVR SHVR PROHFRODUH PD VRSUDV  
IRQGDSDULQX[ XQ HSDULQD VLQWHWLFD ODURQJLX VSLHJ  
SRVVLELOH FKH OD SUHVHQJD GHO YLUXV HYRFKL XQD ULV  
DWWUDYHUVR FHOXOH FRPH OLQIRFLWL H PRQRFLWL FKH  
VWLPRODWL OLEHUDQR JUDQGL TXDQWLWDWLYL GL PHGLD  
GHO LQèDPPD]LRQH FDSDFL GL DWWLYDUH OD FRDJXOD]LI



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8VSQFSWM ZIRSWE TVSJSRHE GEYWI  
WMRXSQM I XIVETMI

.C VTQODQUK ¥ NC HQTOC\KQPG FK WP VTQODQ CNN KPVGTPC  
FK WP XCUQ UCPIWKIPQ EJG TKFWEQ QRRWTG QEENWFG FGN  
VWVVQ KN NWOG FK WP XCUQ

(SRXMRYE E P&KIVI

'CVC WNVKQOQ CIIKQTPCOGPVQ  
'CVC FK RWDDNKEC\KQPG

6\$\* \$FWN\$R\KCP\$RRRCTCVQ EKTEQNC\KQPG G D\$BQ\$WJK  
EKTEQNC\KQPG G D\$BQ\$WJK

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+CK UKPVQOK KPHNWGP\CNK UQURGVVK FK CXGT EQPVTCVVQ KN &QTQPC)  
WPC EEGTVVCV KPHG\KQPG FC &QXKF "

7MGLMIHM HM IWWIVI QSRMXSVEXS E HMWXER \*E  
MRZMXERHS MP XYS QIHMGS HM JMHYGME E SSRXVSPPEVI M XY  
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